

# GOOD HOUSEKEEPING

## How to Watch and Stream the Documentary 'A Most Beautiful Thing'

Dwyane Wade, Grant Hill, and Common brought this incredible story to life.

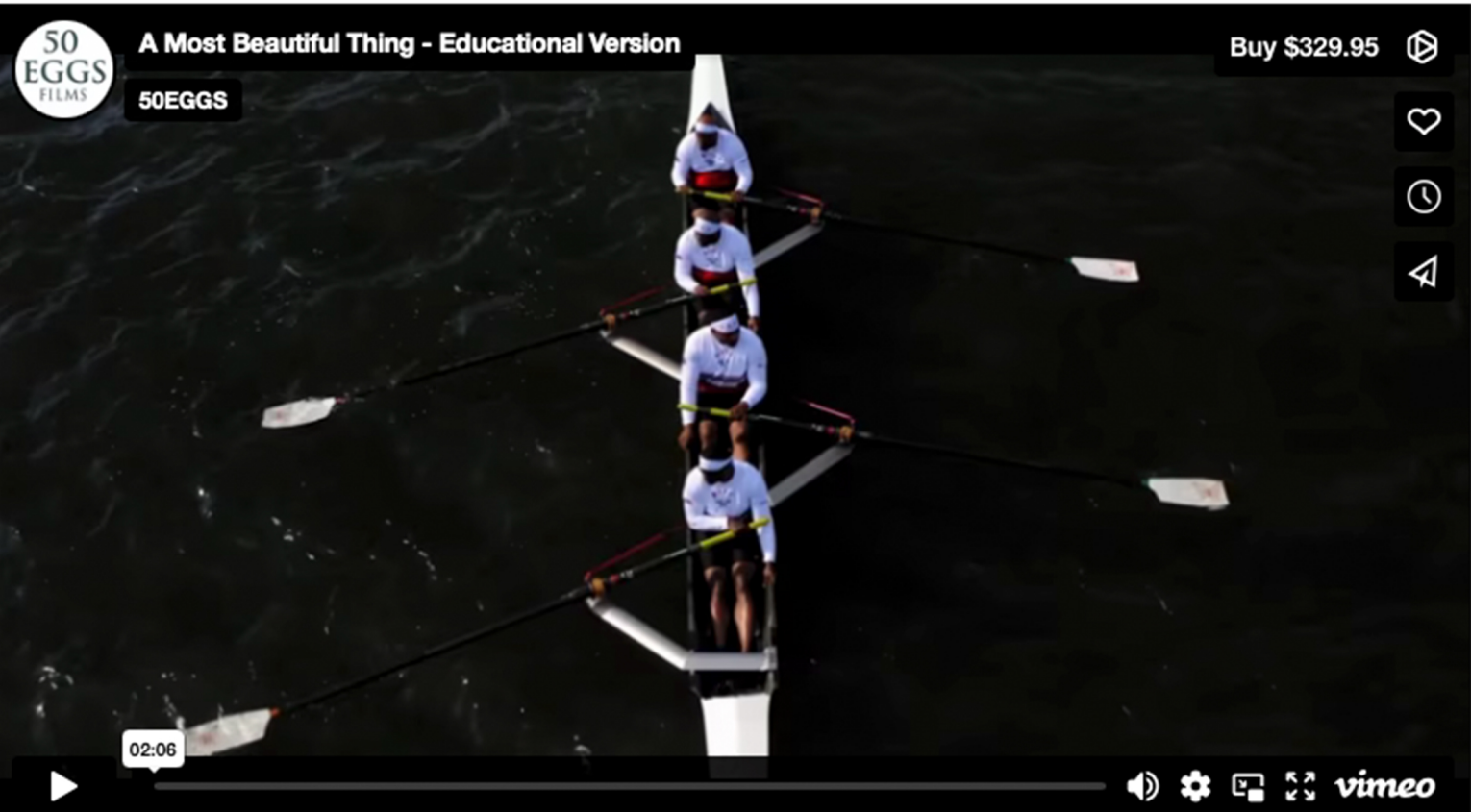
BY [SELENA BARRIENTOS](#) PUBLISHED: FEB 01, 2021 7:00 PM EST



[A Most Beautiful Thing](#) is a story about resilience. Centered around the sport of rowing, underprivileged teenagers discover the [meaning of teamwork](#) through an activity that they never imagined themselves even trying. If you're in search of a powerful [documentary](#) that will move you in more ways than one, keep on reading for more important details about *A Most Beautiful Thing*.

### What is *A Most Beautiful Thing* about?

Inspired after [Arshay Cooper's memoir](#) of the same name, [A Most Beautiful Thing](#) chronicles the formation of the first all-Black high school rowing team in the United States. Set in the 1990s, five young men from rival gangs in the West Side of Chicago put aside their differences and begin rowing together. Through a [compilation of interviews](#), viewers learn that while the teammates initially agreed to go to the first meeting because [free pizza](#) was offered, they stuck together for a greater reason. Out on the water, the group could momentarily forget about their lives marked by [violence, poverty and discrimination](#).



Now, 20 years later, Arshay and his former teammates reunite in the film to reflect on what it meant to work toward a common goal and how it changed the course of their lives.

"We were able to get rival gang members together in a single boat. We hated each other, and we became like brothers," [Arshay told \*The Atlantic\*](#). "[Rowing] took me out of the neighborhood for a while. I could focus on the person sitting in front of me, and the person behind me, on developing that magical rhythm, together."

[Beautiful Thing](#) alongside artist [9th Wonder](#), who was also the genius behind the film's hip-hop score. What's more, Olympic rower-turned-filmmaker [Mary Mazzio](#) directed the project while actor [Common](#) narrated the movie.



'A Most Beautiful Thing'

### How can I watch and stream *A Most Beautiful Thing*?

*A Most Beautiful Thing* is available to watch for free on [Amazon Prime Video](#) with a subscription. If you don't have an Amazon Prime account yet, you can sign up for a [30-day free trial](#) (after that, Prime Video alone costs \$8.99 per month).

Alternatively, you can rent the documentary on [YouTube](#) or [Google Play](#). Lastly, you can watch *A Most Beautiful Thing* on [NBC's streaming service Peacock](#) for free after creating an account.



[SELENA BARRIENTOS](#)

ENTERTAINMENT & NEWS EDITOR

Selena is the entertainment and news editor for *Good Housekeeping*, where she covers the latest on TV, movies and celebrities. In addition to writing and editing entertainment news, she also spotlights the Hispanic and Latinx community through her work. She is a graduate of CUNY Hunter College with a B.A. in journalism and creative writing.